



## CLINICAL INFORMATION: Standing & Walking Mobility

CI-Standing and Walking Mobility-mTUG-MULT

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### Modified Timed Up and Go (TUG) Test (mTUG)

	<b>ADMISSION</b> (Within 7 days)	<b>THRESHOLD</b> (Within 2 days of meeting criterion*)	<b>DISCHARGE</b> (Within 7 days)
<b>Date:</b> (If completed over multiple sessions, enter date of completion)	YYYY-MM-DD	YYYY-MM-DD	YYYY-MM-DD
<b>Therapist Name/Initials:</b>			
<b>Did patient meet threshold criterion at time of assessment? *2A) Requires Maximal Assist (&gt;50% of total effort) during therapeutic walking</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<i>Only performed if patient <u>does not</u> meet threshold criterion at admission but function improves to meet threshold criterion at some time during their inpatient stay.</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>If patient met threshold criterion, but test not performed, specify reason:</b>	Reason:	Reason:	Reason:

### Modified Timed Up and Go (TUG) Test (mTUG)

#### General Instructions:

- The tester provides physical assistance if needed. The tester provides feedback/encouragement only after the task is completed. Each participant is given a rest period between tasks long enough for the tester to explain and demonstrate the next task.
- The tester records the performance time and assistance rating in the data collection table below.
- If the participant cannot attempt the test, or does not complete the test, he/she is assigned the maximum time (455 sec.), and an assistance rating of 6 ('unable to complete'). Participants can use gait aids for all tasks if required.
- If the participant takes longer than the maximum time to complete the test, he/she is assigned the maximum time, and the assistance rating that corresponds to the devices/assistance used for that task.

**Assistance Ratings:** Each participant is instructed to use an assistive device and/or brace(s) as needed.

**1 = independent** (walking without any walking aids or assistance)

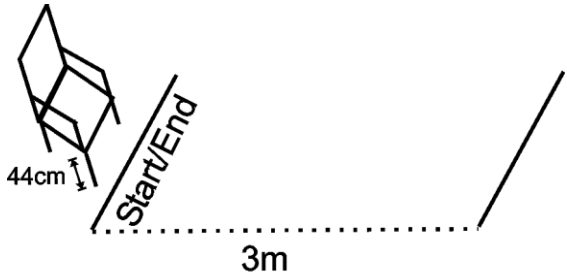
**2 = 1 cane/crutch/rail**

**3 = 2 canes/crutches/rails**

**4 = walker** (standard walker or 2- or 4-wheeled walker)

**5 = assist of 1** (physical assistance of 1 person whether minimum, moderate or maximum assist)

**6 = unable to complete**

TASK	<b>ADMISSION</b> (Within 7 days) <b>OR</b> <b>THRESHOLD</b> (Within 2 days of meeting criterion*) (Circle which test was done)	<b>DISCHARGE</b> (Within 7 days)	<b>Instructions:</b>
<b>#1 Up &amp; Go (Max time: 455s)</b>   <p>Setup: Standard armchair with a 44-cm seat height (from floor) is placed on the hard, non-carpeted floor. Three meters away from the start line, a 1-m strip of masking tape is placed on the floor.</p>			<ol style="list-style-type: none"> <li>1. Tester explains while demonstrating the Up &amp; Go task: "You will sit in this chair with your back against the back of the chair and your arms resting on the armrests. When I say 'go,' you will stand up from the chair, walk at your normal comfortable pace past this line, turn around, walk back to the chair, and sit down, making sure your back is against the back of the chair." You may use the arms of the chair if needed.</li> <li>2. Participant assumes sitting position in the chair. Tester assists participant as needed in placing toes on starting line tape. Tester stands beside the chair and prepares to walk with the participant.</li> <li>3. Tester says "go," and presses stopwatch to begin timing.</li> <li>4. Tester monitors line to ensure both of participant's feet cross the line before turning around.</li> <li>5. Tester stops timing when participant is fully seated with back against the chair.</li> <li>6. Tester records time and assistance rating required for task.</li> </ol>
A. Time (seconds)			
B. Assistance Rating (1-6)			
C. = A x B			
D. 9.1 sec. (mean time of able-bodied individuals)			
<b>Task Score (Up &amp; Go)</b> <b>= C ÷ D</b>			

## Data Collection Details(for RHSCIR study use only)

<b>Collected by:</b> (please print name)		<b>Initial Here:</b>		<b>Date Abstraction Completed:</b>	YYYY-MM-DD
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